### SAS SNDP YOGAM COLLEGE, KONNI

National Service Scheme popularly known as NSS, the scheme was launched in Gandhi Centenary year, 1969 and aimed at developing student's personality through community service. The overall objective of National Service is Educational. This objective is attained through the service to the community.

#### NATIONAL SERVICE SCHEME ACTIVITIES

### 2016-17 (Unit No.67-Total Strength-200)

• World Environment day Celebrations on 5<sup>th</sup> June 2016



• Visit to Anganvadi were held on 15<sup>th</sup> June 2016. Toys and Books were given to the kids and spend whole day with the kids with different activities



- Observed 'International Yoga Day' were observed on 21<sup>st</sup> June 2016. The voluenteers were trained with different Asanas of Yoga by Dr. KishoreKumar, Head Department of Physical Education.
- **Hiroshima Day** were observed in our campus on 6<sup>th</sup> 2016. In connection with Hiroshima Day poster designing competition were organized in a focal theme 'War and Piece'



• NSS in association with Kerala Vigilance and Anticorruption Department, jointly organized a seminar on the topic 'ZeroLevel Tolerance' in August 2016. Sri. Baiju, Vigilance officer deliverd the lecture.



തോമസ് എന്നിവർ പ്രസംഗിച്ചു. സെമിനാർ നടത്തി കോന്നി 🔍 എസ്എഎസ് എസ്എൻഡിപി യോഗം കോളജിലെ എൻഎസ്എസും കേരളവിജിലൻസ് ആൻഡ് ആന്റി കറപ്ഷൻ വിഭാഗവും ചേർന്ന് 'അഴിമതി നിർമാർജനം' എന്ന വി ഷയത്തിൽ സെമിനാർ നടത്തി. വിജിലൻസ് ഓഫിസർ ബൈജു ക്ലാസെടുത്തു. പ്രിൻസിപ്പൽ പി.കെ. മോഹൻരാജ്, അനിൽ, സുഭാഷ്, ജി. ജിത്, ഡോ. പ്രിയ സേനൻ എന്നിവർ പ്രസംഗിച്ചു.

Seminar on 'Traffic Awareness Programme' organized by Kerala Traffic Police on 19<sup>th</sup> August 2016. Resourse Persons-Sri.Sharath Chandran C, Sri.Reju.V, Civil Police Officers, Konni Police Station, Pathanamthitta



One Day Camp organized a one day camp for giving awareness to students



• Organised '**Thiranga March**' on 22/08/2016 by the students of National Service Scheme from College Campus to Cherimukku junction, in connection with the Independence Day Celebrations to raise the importance of national integration.



• 'Oru Kaithangu' is meant to render help to the needy people. An amount of Rs. 5,750/- were collected by the students for the liver transplantation of Sri.Vijish, Prof.P.K. Mohanaraj, Principal of the College were handed over the money to his wife Saranya Vijesh on 23/08/2016.



• One day 'Orientation Programme' to the Volunteers were held on 15<sup>th</sup> October 2016. Prof.Shaji N Raj was the resource person of the orientation programme. The main objective of the session were to empower the voluenteers with NSS moto 'Not me; But you' and the duty of the voluenteers to the nature protection.



<u>'Suchi'</u> Campus cleaning week were held on the first week of October 2016 in connection with the Gandhi Jayanthi celebrations.



Declaration of 'My Campus; Plastic Free Campus' were held on 2<sup>nd</sup> November 2016 in our college Campus. Prof.P.K.Mohanaraj, Principal of the college was handed over the logo to Dr.Binu V, Former NSS Programme Officer of the College. NSS volunteers were hold the role as 'Green volunteers' and were given awareness against the use of plastic materials and started whole year campaign against plastic.



• NSS Volunteers of this college were **constructed a toilet** in Aruvappulam ward in at Konni Gramapanchayath in association with Suchithwa Mission, Pathanamthitta.





• One Day NSS Camp was held in our college on 11<sup>th</sup> November 2016 in our college. **'Shramadhan**' were held in the campus and collected plastic waste by the voluentees from the premises of the campus and in nearest junction of the campus.



'World Diabetes Awareness Rally' was organized on 14th November 2016 in connection with the World Diabetes Day 2016. The rally was inaugurated by Prof.P.K.Mohanaraj, Principal of the college at Konni central junction. Voluenteers were displayed plycards to raise the importance of exercise to control diabetes.



In connection with children's day celebrations, organized a programme '**Poompattakalkkoru Sammanam**' at Cherrimukku Anganvadi (No.44) on 14th November 2016 at 2.00 PM. The function was inaugurated by the college Principal Prof.P.K.MohanaRaj and respected president of Konni GramaPanchayath Smt.Rajani M was presided over the function. The books, Toys, Crayons and Chocolates collected by the NSS volunteers were handed over to the Smt. Sara Teacher of the Anganvadi. The function ended with the cultural programme of the little kids.



Republic day celebrations were organized by the NSS voluenteers of the college. On the same day 'Shramadhan' were conducted in Konni.



In connection with the Sabarimala season, as per the directions from Kerala State Pollution Control Board ten NSS volunteers were actively participated in the Sabarimala/pamba cleaning duties held from 23<sup>rd</sup> December to 29<sup>th</sup> December 2016.



Awareness campaign on 'Digital Payment System'- Vittiya Sakshrata Abhiyan (VISAKA) were held on second week of February. Campaign were held to enhance the cashless purchase and use digital payment system.



• Poster Designing Competition on the topic 'AIDS and Society' were held in association with Red Ribbon Club and also an **awareness** campaign on the topic AIDS and Society were held on 17<sup>th</sup> February 2017



• Soft skill development training 'Naipuni' were held in 18<sup>th</sup> February 2017. Training on soap making, lotion, paper file and paper bag making were given to the NSS Voluenteers. Soft Skill Tainer Smt. Ambili D Nair were trained the volunteers.





• Haritha keralam Mission were observed in the campus. Awareness against plastic were held in the campus February 2017.'Suchithwa Prathinja' were taken by the NSS Voluenteers



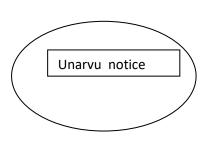
• Anti Drug Awareness Campaign and Class were held in association with Association with Excise Department and CAN channel March 2017



## <u>SEVEN DAY NSS CAMP 'UNARVU'</u> (23<sup>№</sup> TO 29<sup>™</sup> DECEMBER 2016)

• Seven Day NSS Camp 'UNARVU' were held from 23<sup>rd</sup> to 29<sup>th</sup> December 2016 at Nethaji Higher secondary school, Pamadom, Pathanamthitta.





• The sevenday camp was inaugurated on 23<sup>rd</sup> December 2016 by Adv. Adoor Prakash, Hon MLA, Konni.



• On 23<sup>rd</sup> to 27<sup>th</sup> December 2017 Heartfullness Meditation Programme and Yoga on every morning 6.00 am to 7.00 am



• On 24<sup>th</sup> December 2016 the session on **Nature Awareness** • **Prakrithivandanm'** was deliverd by Prof.Shaji N Raj, District Secretary of Shasthravedi. The session was very informative and focused on the exploitation of nature through human activities and its measures to protect the nature.



On 24<sup>th</sup> December 2016 Health Awareness class on the topic' **Changing the** order of life style and food habits' by Dr.P.N Vidyadharan, Deputy Medical

Officer, Kottayam



 On 25<sup>th</sup> December 2016 Seminar on the topic 'Youth Empowerment' were delivered by Prof. P.K. Mohanaraj, Principal SAS SNDP Yogam College,Konni



• **'Christmas Message'** by Sri. Rajesh Aklathu, manger Nethaji Higher Secondary School, Pramadom.





• On 26<sup>th</sup> December 2016 Legal Awareness class on the topic '**Society and** Laws' were delivered by Adv. Jayakrishnan, Subjudge/ Secretary District Legal Service Authority Pathanamthitta.



• On 26<sup>th</sup> December 2016 the debate on the topic **'Influence of News paper in youth'**was headed by Sri. Sam Chempakathil, Prsident, Press Club Pathanamthitta



• On 27<sup>th</sup> December 2016 **Soft Skill Development Programme** on making Paper bag, Lotion, Soap and paper file were trained by Smt. Ambili D Nair, Soft Skill Trainer Pathanamthitta



• On 28<sup>th</sup> December 2016 **Antidrug Awareness campaign 'Vimukthi'** were conducted by Sri.Hariharan Unni, Civil Excise Officer Adoor. He dlivered a speech on the Topic Impacts of Drugs on Health & Society



• On 28<sup>th</sup> December 2018 Volunteers were visited the Vattakkavu Colony for the Awareness on the harmful effect on the use of Plastic and make the colony plastic free.the colony were declared as **'Plastic free colony'** 



COLONY VISIT--PLASTIC FREE COLONY



• 28<sup>th</sup> December the valedictory function on the seven day camp was inaugurated by Smt.Elizabeth Abu, Development standing Committeee Chairperson , Pathanamthitta



• Honouring the World Roller Skating Champion Abhijith AmalRaj



• Release of manuscript published by the NSS Unit



Seven day Camp' Unarvu'- Moments





# **Programme Officer – Prof. Jijith V S and Dr. Priya Senan V**